MiraCosta Community College District Liability Release and Waiver Agreement

In consideration for permission to participate in the stream and agrees:

| Assumption of Ris | ٠k |
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| I represent that I am physically sound and to my knowledge I have no medical condition that with prefrom participating in the Physical Activity I VOLUNTARILY AND FULLY CHOOSE TO ASSUME ALL RISKS AND DANGERS, including the risk of injury or death, that may be associated with resulting from, my participation in the Physical Activity ring, death or property damage to myself or to any other person or property, in any way connected with my preparatic participating in the Physical TJ 0.002 Tc 0.001 Tw -48.181 -0.988 Td [(ar)-2(i)3(s)5(i)3(n)8(g)8(f)10(r)-2(o)-4(m)21(R)6(el)3(eas)6(f) and the Physical Activity ring, death or property damage to myself or to any other person or property, in any way connected with my preparation participating in the Physical Activity ring, death or property damage to myself or to any other person or property, in any way connected with my preparation participating in the Physical Activity ring, death or property damage to myself or to any other person or property. |
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| | (NAME OF PARTICIPANT-PLEASE PRINT) |
|---------------------------------|-------------------------------------------|
| Date: | (C) (SIGNATURE OF PARTICPANT) |
| Date: | (D)(SIGNATURE OF PARENTGUARDIAN OF MINOR) |
| Participant's Age (if minor)(E) | |
| | |

INSTRUCTIONS#1. Complete lines (AC) above for adults and lines,(A, D & E) for minors under age 18#2. Fill in Date.

Any questions about this waivehould be discussed between you and your legal representative or attorney 06 2010