Services provided for students by Student Health Services include but are not limited to:

A. Medical Services

- 1. Health Assessment
- 2. First aid
- 3. Over the counter medications
- 4. Tuberculosis clearance
- 5. Vision and hearing screens
- 6. Sexual health
- 7. Community referrals
- 8. Physicals
- 9. Health Consultations
- 10. Low-cost lab work
- 11. Low-cost prescriptions
- 12. Reproductive health/birth control
- 13. Communicable disease control.

B. Mental Health Services

- 1. Crisis management.
- 2. Individual, relationship, and family counseling
- 3. Alcohol and substance use
- 4. Eating-disorders
- 5. Stress management.
- 6. Domestic/intimate partner violence
- 7. Gender identity
- 8. Traumatic life experiences
- 9. Pressure/trauma related to marginalization

C. Health Education and Support Services

- 1. Healthy habits
- 2. Student accident insurance
- Nutrition

MiraCosta Community College District

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Effective Date: 5/5/09, 4/8/16, 10/20/22

Periodic Review: ---

References: Education Code §76401

Title 5, §§53411, 54700-54710

CCLC Update: --

Steering: VPSS

- 4. Exercise
- 5. Tobacco cessation
- **Immunizations** 6.
- Community Resources 7.
- 8. Educational blog
- Support groups and workshops 9.

D. Personnel

- 1. Medical and mental health services shall be provided by qualified health care professionals.

 All student records shall be maintained in a confidential manner.
- 2.