

MiraCosta Community College District

Access the Standards:
OSHA 29 CFR 1920.1030
<https://www.osha.gov/pls/osh>

Cal/OSHA CCR Title 8 Section 5193
<http://www.dir.ca.gov/title8/5193.html>

The following pages address the minimal requirements stated in the CCR Title 8 Section 5193 (c)(1). Investigators with a reasonable risk of exposure to bloodborne pathogens should save a copy of this form and add additional, laboratory-specific precautions and details to customize the plan. The exposure control plan shall be made accessible to employees, reviewed annually and revised if any significant changes have occurred. If there are any questions regarding this form, please contact the Risk Management at x6866.

Bloodborne Pathogens

Definitions

Bloodborne pathogens are viruses or infectious agents carried by human blood and body fluids. Pathogens include, but are not limited to, the hepatitis B virus (HBV), hepatitis C virus (HCV) and the human immunodeficiency virus (HIV).

Contaminated sharps include objects that may penetrate the skin that were used with blood or other potentially infectious body fluids

Exposure incident is an accidental contact of mucous membranes or non-intact skin with blood or other potentially infectious body fluids

Occupational exposure means probable contact with blood or other potentially infectious body fluids while performing of one's work.

Other Potentially Infectious Materials (OPIM) are human body fluids that may also contain bloodborne pathogens: semen, vaginal secretions, CSF, synovial fluid, pleural, pericardial, peritoneal, amniotic, saliva (hepatitis B), any bodily fluids contaminated with blood, any fluid that

- viii. Dispose of contaminated sharps in a single-use, disposable container that is rigid, leak proof, puncture resistant, lidded, and labeled with the biohazard symbol
- ix. Do not exceed the sharps container fill line at 2/3 full
- x. Close sharps container lid when not in use
- xi. Potentially contaminated broken glassware will be handled using mechanical means such as a brush and dustpan, tongs or forceps.
- xii. Other:

D. Personal Protective Equipment

- 1. Laboratory employees shall wear gloves and lab coats whenever handling blood or OPIM.
- 2. Disposable gloves are stocked in the laboratory by:
- 3. Gloves are replaced as soon as practical when contaminated, torn, punctured, or when their ability to function as a barrier is compromised.
- 4. Safety glasses or face shields must be worn when work is conducted outside of a biosafety cabinet.
- 5. All personal protective equipment is removed prior to leaving the work area.
- 6. When personal protective equipment is removed, it is placed in a designated area for disposal or disinfection.
- 7. Contaminated lab garments are handled as little as possible. Laundry is placed and transported in properly labeled bags/containers as specified in CCR Title 8 section 5193 (g)(1)(A) and cleaned by an outside vendor.
- 8. Under no circumstances will employees be expected to take home any PPE such as laboratory garments for laundering.

III. Decontamination and Disposal

A. Decontamination

- 1. The worksite is maintained in a clean and sanitary condition.
- 2. Universal precautions shall be taken whenever cleaning and decontaminating the work area.
- 3. Benches and biosafety cabinets are cleaned and decontaminated at the end of the work day and after any spills using the following disinfectants, disinfectant concentrations, and contact times:
- 4. Spills are cleaned and decontaminated with the following methods, disinfectant, disinfectant concentration, and contact time:
- 5. Spill kit(s) are located

B. Disposal

- 1. Handling, storage, treatment and disposal of all regulated waste shall be in accordance with the California Medical Waste Management Act, Health and Safety

B. Post-Exposure Evaluation and Follow Up

1. Immediately wash the affected area.
 - i. For intact skin: wash thoroughly with nonabrasive soap and water.
 - ii. Needlestick/cut/nonintact skin: wash with soap and water for 10 minutes and pour 3% hydrogen peroxide over exposed area.
 - iii. Mouth: Spit and rinse mouth with 3% hydrogen peroxide.
 - iv. Eyes: Remove contact lenses and flush with water for 10 minutes
 - v. Nose: Flush with water for 10 minutes
2. Notify your Supervisor immediately. If

MIRACOSTA COLLEGE

HEPATITIS B VACCINATION FORM ***Form is available in Human Resources***

INSTRUCTIONS: Please indicate your declination or acceptance of Hepatitis B vaccination by signing under the appropriate option below. Return the form to Human Resources, mail station 14. If you indicate below that you wish to receive Hepatitis B vaccination, Human Resources will contact you to set up the initial appointment.

A. **DECLINATION OF VACCINATION:**

1.