

A LA CARTE BREAKFAST

Freshly-baked Bagels \$1.95 per person
with plain cream cheese, butter and preserves

Freshly Baked Full-size Muffins \$2.75 per person

Fresh Fruit Mosaic (*eat well*) \$3.75 per person
sliced fresh fruit and berries with honey yogurt dip

Assorted Whole Hand Fruit Basket (*eat well*) \$1.65 per person

Individual Low-Fat Yogurts (*eat well*) \$2.50 each

Fruit & Yogurt Parfaits (*eat well*) \$3.50 each

Breakfast Cereals with Whole and Skim Milk (*eat well*) \$2.95 per person

Smoked Atlantic Salmon Platter \$6.25 per person

Granola Bars & Cereal Bars (*eat well*) \$2.50 per person

Freshly-baked Home-style Cookies \$1.65 per person

Chewy Chocolate Brownies \$2.50 per person

Gourmet Miniature Pastries \$3.00 per person

Chocolate-dipped Strawberries \$26.00 per dozen



SANDWICH PLATTERS**Signature Sandwich Platter \$10.95 per person**

includes the following variety of sandwiches prepared on select breads and rolls:

pepper-crust beef and provolone with slow-roasted tomatoes and fresh basil . roasted red peppers, portobello mushrooms and wilted spinach with garlic aioli . grilled chicken with crisp arugula and caramelized onions . shaved prosciutto and mozzarella cheese with roasted pepper pesto spread . oven-roasted turkey with apple chutney served with assorted canned sodas and bottled water

Complete your buffet for only \$4.50 additional per person, includes: tossed garden salad with dressing, choice of one additional side salad and David's fresh -baked cookies

Classic Sandwich and Wrap Collection \$8.95 per person

includes the following variety of sandwiches:

turkey breast caesar wrap . grilled breast of chicken with sun-dried tomato spread on focaccia . shaved roast beef with cheddar on a kaiser roll . greek salad pita . veggie tuna with fresh dill and carrot on a crusty multi-grain roll

also includes assorted canned sodas and bottled water

Complete your buffet for only \$4.50 additional per person, includes: tossed garden salad with dressing, choice of one additional side salad and David's fresh -baked cookies

Upmarket Sandwiches \$9.25

select up to six (6) sandwiches or wraps from the following:

turkey varieties:

- a• turkey breast with cranberry chutney, red onion and lettuce on pumpernickel **(eat well)**
- b• turkey, bacon and cheddar on parker house roll
- c• smoked turkey and brie wrap
- d• smoked turkey, bacon and provolone with sun-dried tomato spread on ciabatta

chicken varieties:

- e• blazin' buffalo chicken on crusty baguette
- f• california chicken club on whole wheat roll
- g• balsamic chicken, mozzarella & spinach on focaccia
- h• greek chicken pita **(eat well)**
- i• italian chicken, roasted peppers & artichokes on semolina roll
- j• tuscan chicken salad on ciabatta roll

ham varieties:

- k• prosciutto, genoa salami and provolone on italian bread
- l• black forest ham with dill havarti on marble rye
- m• smoked ham, cheddar and pear wrap
- n• ham and brie with apple chutney on crusty bread

beef varieties:

- o• marinated flank steak with caramelized onions and horseradish on club roll
- p• southwestern roast beef and monterey jack wrap
- q• roast beef and smoked mozzarella with roasted peppers on italian bread

fish/seafood varieties:

- r• mexican shrimp salad and avocado wrap
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SIDE SALADS

Signature Red Bliss Potato Salad \$2.75 per person

Dijon Potato and Broccoli Salad (eat well) (vegan) (gluten-free) \$2.75 per person

Caesar Salad \$2.75 per person

Greek Salad (eat well) \$2.75 per person

Tossed Green Salad with Balsamic Vinaigrette (eat well) \$2.75 per person

Cucumber and Tomato Salad (eat well) \$2.75 per person

Whole Wheat Pasta Primavera Salad (eat well) \$2.75 per person

Southwestern Black Bean and Corn Salad (eat well) (vegan) (gluten-free) \$2.75 per person

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BOXED LUNCHES

Classic Sandwich Boxed Lunch \$8.50

HOT BUFFET

Additional hot buffets and internationally-themed buffets available. Please contact CulinArt to discuss alternative hot luncheon buffet options.

Classic Hot Luncheon Buffet \$14.25 per person

our classic hot luncheon buffet includes choice of two (2) salads, choice of two (2) classic entrees and choice of two (2) accompaniments with iced tea and fresh-baked cookies

Salads, select any two (2) from our side salad selections inside guide:

Classic Entrées, select two (2):

creamy dijonaise boneless breast of chicken
 roasted breast of turkey with cornbread-herb stuffing
 orange-ginger stir-fried chicken with asian vegetables **(eat well)**
 fillets of tilapia with cherry tomatoes and olives **(eat well)**
 sliced beef tri-tip steak with onion gravy
 roast pork loin with caramelized apples and raisins **(eat well)**
 vegetarian baked penne pomodoro
 vegetarian pinto bean, cilantro rice and jack burritos

Accompaniments, please select two (2):

smashed yukon gold potatoes
 spicy oven-fried idaho potato wedges
 mashed sweet potatoes
 steamed red bliss potatoes **(eat well)**
 long grain rice pilaf
 brown rice with vegetable confetti **(eat well)**
 green beans with red peppers **(eat well)**
 steamed broccoli with lemon zest **(eat well)**
 glazed carrots with dill
 roasted seasonal vegetable medley **(eat well)**
 stir-fried mixed vegetables **(eat well)**

BREAKS AND SNACKS

Assortment of Fresh-baked Cookies \$1.65 per person

Chewy Chocolate Brownies \$2.50 per person

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Specialty Cakes call for details

BEVERAGES

Freshly Brewed Coffee, Decaf and Tea \$1.95 pp